1 in 5 people in our area are food insecure.

If you or someone you know has a food need, the following options are available:

**Bremer County Food Resources**

**Salvation Army**
**Program offered:** Emergency Living Assistance
**Contact Information:** Salvation Army at Crosspoint Church
**Eligibility:** Bremer or Butler County resident and must meet needs assessment

**Bremer County Iowa State University Extension and Outreach**
**Programs Offered:** Science and research-based nutritional and family information, plus toll-free “Answer Line” with real people.
**Contact Information:**
Ron Lenth  
rlenth@iastate.edu  
www.extension.iastate.edu/bremer  
319-882-4275

**Eligibility:** Open to all

**Bremer County Veterans Affairs**
**Programs Offered:** Veterans General Assistance
**Contact Information:**
Neal Jarnagin  
(319) 352-4209  
njarnagin@co.bremer.ia.us  
http://www.bremercountyva.org/general-relief/

**Eligibility:** Must be a veteran or immediate family member (spouse, dependent adult or child) as defined by Chapter 35.1 of the Iowa Code and have a basic, emergency need that cannot be met by other means. Additionally, they must be a resident of Bremer County, meet certain income/asset guidelines, be registered with Iowa Workforce Development, and apply for all other assistance in the area.

**Cedar Valley Friends of the Family**
**Program(s) offered:** Emergency Safe Shelter, Rapid-Rehousing, Transitional Housing, Permanent Supportive Housing, and Prevention Education
**Contact Information:**
319-352-1108; 1-800-410-SAFE;  
admin@cvfriendsofthefamily.org

**Eligibility:** Anyone that is fleeing domestic violence/sexual assault and/or that is struggling with homelessness may qualify for services.

**Department of Human Services**
**Program Offered:** SNAP (Supplemental Nutritional Assistance Program);  
**Contact Information:** 877-204-3822;  
**Eligibility:** Income and resource limits based on household size and composition.

**Helping Services of Northeast Iowa**
**Program offered:** Emergency Food Boxes & Transitional Housing
**Contact Information:** 1-800-383-2988; 24 hours a day. www.helpingservices.org

**Eligibility:** Individuals and families who are victims of domestic violence

**Northeast Iowa Area Agency on Aging**
**Programs offered:** Congregate meals at the Waverly Senior Center, Home Delivered Meals, Frozen and shelf stable meals for the weekends and inclement weather (meals are offered to eligible participants on a contribution basis) Senior Farmers Market Program (available beginning June 1st), Elderly Nutrition Boxes and Weekends Bags
**Contact information:** LifeLong Links at 1-866-468-7887

**Eligibility:** Individuals 60 years of age or older; Spouse of any age. Additional services may be available for those 60 and over or those disabled between the ages of 18 and 60.

**Northeast Iowa Community Action Corporation (NEICAC)**

**Program(s) offered:** Low-Income Home Energy Assistance (LIHEAP), Emergency Utility and Rent Assistance, Food Pantry, Head Start, Weatherization, Family Development & Self-Sufficiency (FaDSS) Program, Energy Crisis Intervention Program (ECIP), Tenant Based Rental Assistance (TBRA) and Disaster Assistance when Governor declares a disaster and includes the Individual Assistance Program.
**Contact Information:** (319) 352-4532 M-W-F from 7:00am – Noon

**Program Eligibility:** All programs are based on household income and vary from program to program.
Northeast Iowa Food Bank
Program(s) offered: Mobile Food Pantry, Second Tuesday of each month from 5:30 to 6:30 pm at Vineyard Church in Waverly and Boyd Community Building in Shell Rock from 5:00pm-6:00pm also the 4th Thursday at Faith United Church of Christ in Tripoli from 5:00pm-6:30pm; BackPack Program is through the School System; Elderly Food Boxes are through the Senior Center for homebound Seniors and Bags of Food for Seniors in need who come to the Center; Food to Qualified Nonprofit Organizations-call the Food Bank for more information
Contact Information: Karen Erickson, Director of Programs 319-235-0507 or Barbara Prather, Executive Director
Eligibility: Depends on the Program call the Northeast Iowa Food Bank for details.

Peace United Community Meal
Program Offered: Free Community Meal Every Thursday Night from 5:30pm-6:30pm.
Location: Peace United Church, 1800 11th Street S.E.
Contact Information: 319-352-3151
Eligibility: Open to all

Saint’s Café Community Meal
Program Offered: Free Community Meal Every Monday Night from 5:00pm-6:30pm.
Location: St. Paul’s Lutheran Church (Transportation available)
Contact Information: St. Paul Lutheran Church (319) 352-1484, Redeemer Lutheran Church (319) 352-1325, St. Andrew Episcopal Church (319) 352-1489, Trinity United Methodist Church (319) 352-2590, Heritage United Methodist Church (319) 352-1776, St. Mary Catholic Church (319) 352-2493.
Eligibility: Open to all

Summer Lunch Program
Program Offered: Lunch & Activities held weekdays for youth ages 5-18 (June 12-August 11) 11:30am-12pm lunch, 12pm-1:30 literacy/enrichment activities
Location: Southeast Elementary(Transportation Available)
Contact Information: Waverly-Shell Rock Area United Way (319)352-2582
Eligibility: Open to all

Waverly Café
Program offered: Weekly Community Meal served each Wednesday from 5:30-6:30pm held at Grace Baptist
Contact Information: 1110 4th St SW, Waverly, IA; 319-352-2656
Eligibility: No eligibility requirements. Everyone welcome.

Waverly Sharing Gardens
Program Offered: Providing fresh vegetables for those in need utilizing volunteers.
Contact Information: Waverly Leisure Services- 319-352-6263, garden@ci.waverly.ia.us
Eligibility: N/A

Waverly-Shell Rock Area United Way
Program Offered: Offering local referrals and program information as well as 24 hour crisis assistance and referrals through 2-1-1
Contact Information: Dial 2-1-1 for 24 hour crisis assistance or referrals; local contact (319)352-2582 or director@wsrunitedway.org
Eligibility: N/A
Program Offered: FREE Summer Lunch & Enrichment Program offered June 11-Aug 10 (M-F 11:30 lunch; Noon-1:15pm Enrichment) at Southeast Elementary School
Contact Information: (319)352-2582 or director@wsrunitedway.org

WIC (Women, Infants, & Children)
Programs offered: Nursing and Dietitian Assessment, Peer Counseling for Breastfeeding Women and the provision of food instruments for women and/or children that qualify
Contact Information: Sue A. Burnett, sburnett@operationthreshold.org, (319) 824-3460
Eligibility: Families may qualify if they are women who are pregnant, breastfeeding, postpartum or have children under 5. Additionally, there are income guidelines for these families

2020 POVERTY INCOME GUIDELINES

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