

1 in 5 people in our area are food insecure.

If you or someone you know has a food need, the following options are available:

Bremer County Food Resources

Presented by:



For additional information contact:
Waverly-Shell Rock Area United Way
319-352-2582 or
director@wsrunityway.org

Salvation Army

Program offered: Emergency Living Assistance

Contact Information: Salvation Army at
Crosspoint Church, sarah@crosspointwaverly.com, 319-483-5116

Eligibility: Bremer or Butler County resident and must meet needs assessment

Bremer County Iowa State University Extension and Outreach

Programs Offered: Science and research-based nutritional and family information, plus toll-free "Answer Line" with real people.

Contact Information:

Ron Lenth
rlenth@iastate.edu
www.extension.iastate.edu/bremer
319-882-4275

Eligibility: Open to all

Bremer County Veterans Affairs

Programs Offered: Veterans General Assistance

Contact Information:

Neal Jarnagin
(319) 352-4209
njarnagin@co.bremer.ia.us
<http://www.bremercountyva.org/general-relief/>

Eligibility: Must be a veteran or immediate family member (spouse, dependent adult or child) as defined by Chapter 35.1 of the Iowa Code and have a basic, emergency need that cannot be met by other means. Additionally, they must be a resident of Bremer County, meet certain income/asset guidelines, be registered with Iowa Workforce Development, and apply for all other assistance in the area.

Cedar Valley Friends of the Family

Program(s) offered: Emergency Safe Shelter, Rapid-Rehousing, Transitional Housing, Permanent Supportive Housing, Home Free, and Prevention Education

Contact Information-

1-800-410-7233 or 319-352-0037

Eligibility-Anyone that is fleeing domestic violence/sexual assault and/or that is struggling with homelessness may qualify for services.

Department of Human Services

Program Offered: SNAP (Supplemental Nutritional Assistance Program), TANF (Temporary Assistance for Needy Families)

Contact Information: local office 319-267-2594; questions about food assistance 1-800-873-1340; apply 1-855-944-3663

<https://dhs.iowa.gov/how-to-apply>

Eligibility: Income and resource limits based on household size and composition.

Northeast Iowa Area Agency on Aging

Programs offered: Congregate meals at the Waverly Senior Center, Home Delivered Meals, Frozen and shelf stable meals for the weekends and inclement weather (meals are offered to eligible participants on a contribution basis) Senior Farmers Market Program (available beginning June 1st), Elderly Nutrition Boxes and Weekends Bags

Contact information: LifeLong Links at 1-866-468-7887
Eligibility: Individuals 60 years of age or older; Spouse of any age. Additional services may be available for those 60 and over or those disabled between the ages of 18 and 60.

Northeast Iowa Community Action Corporation (NEICAC)

Program(s) offered: Low-Income Home Energy Assistance (LIHEAP), Emergency Utility and Rent Assistance, Food Pantry, Head Start, Weatherization, Family Development & Self-Sufficiency (FaDSS) Program, Energy Crisis Intervention Program (ECIP), Tenant Based Rental Assistance (TBRA) and Disaster Assistance when Governor declares a disaster and includes the Individual Assistance Program, Crisis Program

Contact Information: (319) 352-4532 M-W-F from 7:00am – Noon

Program Eligibility: All programs are based on household income and vary from program to program.

Northeast Iowa Food Bank

Program(s) offered: Backpack Program is through the School System; Elderly Food Boxes are through the Senior Center for homebound Seniors and Bags of Food for Seniors in need who come to the Center; Food to Qualified Nonprofit Organizations-call the Food Bank for more information. *Check for program locations on their website.*

Contact Information: 319-235-0507

<http://www.northeastiowafoodbank.org/>

Eligibility: Depends on the Program call the Northeast Iowa Food Bank for details.

Summer Backpack Program

Program Offered: Partnership between Northeast Iowa Food Bank and United Way

Contact Information: Waverly-Shell Rock Area United Way (319)352-2582

Eligibility: Call to discuss

Waverly Mobile Pantry

Hours: Second Tuesday of the month, 4:30-6:30pm

Contact Information: ben@waverlyvineyard.net
563-349-2030

Vineyard Community Church 319 W. Bremer Ave.

Eligibility: N/A

Waverly-Shell Rock Area United Way

Program Offered: Offering local referrals and program information as well as 24-hour crisis assistance and referrals through 2-1-1

Contact Information: Dial 2-1-1 for 24-hour crisis assistance or referrals; local contact (319)352-2582 or

director@wsrunitedway.org

Eligibility: N/A

WIC (Women, Infants, & Children)

Programs offered: Nursing and Dietitian Assessment, Peer Counseling for Breastfeeding Women and the provision of food instruments for women and/or children that qualify (services provided over the phone at this time)

Contact Information: 319-291-2065

Eligibility: Families may qualify if they are women who are pregnant, breastfeeding, postpartum or have children under 5. Additionally, there are income guidelines for these families

Shell Rock Mobile Food Pantry

Hours: 2nd Tuesday of the Month from 4-6pm

Contact Information: Rose Meyer 319-885-4877

Faith Lutheran Church parking lot or the Boyd Building
303 S Cherry St., Shell Rock

Eligibility: Open to all

Tripoli Food Pantry

Hours: 4th Thursday each month from 5-6pm

Contact Information: Faith United Church of Christ 319-882-3585

<https://faithucctripoli.org/>

Eligibility: None

School – Free and Reduced Lunch

Program: Offers free or discounted prices for school lunch for families that qualify

Contact Information: Contact local school district for information

Eligibility: Contact School

His Hands Food Pantry & Clothing Closet

Hours: Tuesday 5-8pm

Friday 9am-Noon

Contact Information: 319-638-4357

Main Street, Oran

Eligibility: N/A

2022 Poverty Income Guidelines

Household/ Family Size	100%	150%	200%
1	\$13,590	\$20,385	\$27,180
2	\$18,310	\$27,465	\$36,620
3	\$23,030	\$34,545	\$46,060
4	\$27,750	\$41,625	\$55,500
5	\$32,470	\$48,705	\$64,940
6	\$37,190	\$55,785	\$74,380
7	\$41,910	\$62,865	\$83,820
8	\$46,630	\$69,945	\$93,260